

# Continuing Education

L-CERP's for IBCLC's, CPEU's for Registered Dietitians and Contact Hours for nurses have been applied for and are pending approval.

*We love babies, and we especially love happy babies. If your baby shares happiness loudly, please pick a seat at the back of the room so that your happy baby doesn't attract more attention than the speaker.*



## Lodging:

A block of rooms has been reserved at:  
Hampton Inn & Suites Newport  
275 Columbia St, Newport KY 41071  
859-415-0678

Reservations can be made at:

<http://hamptoninn.hilton.com/en/hp/groups/personalized/C/CVGPOHX-NKY-20170801/index.jhtml>

*Block closes four weeks before the conference  
or **July 1, 2017***

## About the Speaker



Lisa Marasco has been working with breastfeeding mothers for over 25 years and has been Internationally Board Certified since 1993. She holds a master's degree in human development with specialization in lactation consulting and was designated a Fellow of ILCA in 2009.

Lisa is co-author of *The Breastfeeding Mother's Guide to Making More Milk*, a contributing author to the *Core Curriculum for Lactation Consultants*, and a new Cochrane Collaborative author.

She is employed by WIC of Santa Barbara County while she continues to research, write, speak and maintain a small private practice.

In addition, Lisa is an Associate Area Professional Liaison for La Leche League of Southern California/Nevada, and serves on the Breastfeeding Coalition of Santa Barbara County.

*Thanks to our cosponsor:*

*Northern Kentucky Health Department*

# Lactation on the Levee 2017

Featuring  
*Lisa Marasco, MA, IBCLC*

Wednesday,  
August 2, 2017  
Newport on the Levee  
Newport Aquarium  
1 Aquarium Way,  
Newport KY, 41071



# Program Objectives

*At the end of the session, participants will be able to:*

- Describe the pathway in which insulin regulates milk production through the stages of lactogenesis.
- List two ways in which insulin resistance may negatively affect milk synthesis.
- List at least two strategies for addressing low milk production related to insulin resistance.
- Differentiate the three main categories of milk production problems.
- List three maternal risk factors for lactation problems in the early postpartum period.
- Describe the impact of insulin and thyroid dysfunction on lactation.
- Explain the impact of infant suck on maternal milk production.
- List three anatomical risk factors for insufficient mammary gland development.
- Name one hormone implicated in recent research as suppressing normal glandular development.
- Explain the concept of critical windows of development.
- List four characteristics of risky breast development.
- Identify the “high need” mother .
- Discuss the importance of personal boundaries in successful dealings with difficult mothers.
- Describe how lactation consultants can be of assistance during the mothers’ conflict resolution.

# Tentative Agenda

8-8:30 a.m.	Registration, coffee, networking and exhibits
8:30-8:45	Welcome
8:45-10:15	<b>Breastfeeding on the Insulin Dysregulation Spectrum</b>
10:15-10:30	Nutrition break/Exhibits
10:30-12:00	<b>Recognizing When Things are Heading South: Investigating for Low Milk Production</b>
12-1 p.m.	Lunch, networking and exhibits
1:00-2:30	<b>Hypoplastic Breast Syndrome: The Hot New Diagnosis?</b>
2:30-2:45	Nutrition break/Exhibits
2:45-4:15	<b>Counseling the High Need Mother</b>
4:15-4:30	Evaluations and adjournment



This institution is an equal opportunity provider.

# Registration

**Pre-registration is required. Online registration and payment are preferred. Please go to <http://lactationonthelevee17.eventbrite.com>**

Fees: \$75 before **July 1, 2017** \$85 after. \$70 for 3 or more from same agency. Payment is by check or credit card. If you wish to pay by credit card online, a service fee will apply.

Name: \_\_\_\_\_

Job Title: \_\_\_\_\_

Agency/Company Name and Address: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Work Phone: \_\_\_\_\_

Cell Phone : \_\_\_\_\_

E-mail: \_\_\_\_\_

License # for CEU's: \_\_\_\_\_

Vegetarian Meal: Yes \_\_\_\_\_ No \_\_\_\_\_

If paying by check, make check out to and mail to:  
Northern Kentucky Health Department  
Attention: Nancy Merk  
2002 Madison Ave  
Covington KY 41014

For more information,  
contact:  
Nancy at 859.363.2113 or  
[nancy.merk@nkyhealth.org](mailto:nancy.merk@nkyhealth.org)