

About our Speaker

Kittie Frantz, RN, CPNP-PC, is internationally known for over 45 years of work developing breastfeeding programs. She is a full-time Clinical Instructor in Pediatrics for University of Southern California Keck School of Medicine as well as the Coordinator of Lactation Education for Los Angeles County University of Southern California Medical Center.



Honored as National Association of Pediatric Nurse Associates and Practitioners (NAPNAP), Fellow of the Year in 1980, Kittie is frequently invited to instruct at universities and medical conferences in many countries and sat on the United States National Breastfeeding Committee as well as the State of California's Breastfeeding Promotion Committee. Currently she is assisting the staff of LAC/USC Medical Center to obtain the Baby Friendly designation by teaching the nurses the required 20 hours of continuing education. She blends scholarship with personal experience, having breastfed her own

Continuing Education

6.3 hours of continuing education for nurses and 5.25 hours for dietitians and lactation consultants are being requested. KBN Provider 5-0033, expires 12/31/2012. KBN, IBLCE, or CDR approval of an individual continuing education provider or offering does not constitute endorsement of program. Participant must complete entire program for credit.

Cancellation and Refund Policy

Pre-registration is required. No refunds will be given for cancellations after September 2. In case of severe weather, KLIC reserves the right to cancel the presentation.

Target Audience

Lactation Consultants, Nurses, Dietitians, Certified Breastfeeding Counselors, Breastfeeding Peer Counselors, and LLL Leaders. Any healthcare professional working with moms and babies.

Agenda

- 7:30 am – 8:00: Breakfast Buffet
- 8:00 – 8:15: Opening remarks
- 8:15 – 9:45: The History of Attachment
- 9:45 – 10:15: Break
- 10:15 – 11:45: The First 72 Hours
- 12:00 – 1:00: Lunch
- 1:00 – 1:15: KLIC Annual Meeting
- 1:15 – 2:15: Using Baby-Led Breastfeeding in Laid-Back Positioning in the Hospital
- 2:15 – 2:45: Break
- 2:45 – 4:00: Gadgets and Gizmos: What is needed for breastfeeding and what is not
- 4:00 – 4:15: Questions
- 4:15 – 4:30: Awards, Silent Auction Winners and Drawing

Silent Auction

Help to provide scholarships to our annual conference by participating in our Silent Auction. All donations that you provide (from yourself or by asking others) are tax-deductible. For more information or to make a donation, contact Amy Farnsley at 502-640-1778 or amy@momcare.net.



Questions?

Email registrar@klicbreastfeeding.org or visit www.klicbreastfeeding.org.

c/o Ashley Benz
11512 Robert Rd.
Louisville, KY 40223



Kentuckiana Lactation Improvement Coalition

Keys To Improving the Breastfeeding Experience at Hospital or Home

Featuring

Kittie Frantz, RN, CPNP-PC

**Friday
September 14, 2012
Louisville, Kentucky**

Conference Chairperson:
Barbara Ruedel
502-574-5279

Barbara.ruedel@louisvilleky.gov

Program Objectives

Topic: The History of Attachment: Have We Come Full Circle?

- Discuss the evolution of facilitating attachment theories
- List two teaching strategies that you can use to assist the mother to facilitate the baby's progress to the breast for attachment
- Name two reflexes baby uses to find the breast and attach himself

Topic: The First 72 Hours: Understanding Baby's Natural Rhythms and Patterns

- Describe the new guidelines for breast feeding in the delivery room and the first 24 hours
- List the infant's feeding patterns in the second 24 hours to bring in the milk supply early
- Identify the neurological components of how baby attaches himself to the breast that would encourage the reluctant nurser, prevent engorgement, relieve sore nipples and encourage good milk production
- Name two strategies in discharge planning that will encourage breast feeding success

Topic: Using Baby-Led Breastfeeding in Laid-Back Positioning in the Hospital

- Describe baby's timing for self-attachment in L & D
- Name the infant reflexes used to self-attach in laid-back position
- List 3 benefits for baby skin-to-skin in NICU
- Compare how to make Laid-back position work in a clinic chair

Topic: Gadgets and Gizmos: What is needed for breastfeeding and what is not

- Describe pad uses & materials used
- Compare cream ingredients
- Name problem pillows pose for the baby
- Suggest a nipple shield caution & how to prevent a problem
- Define "single user" vs. "multi-user" breast pumps
- Name 2 uses for breast cup/shells
- Discuss cost effectiveness of gel pads
- Determine the appropriate use of a storage container for a preemie vs. older baby

Lodging

Country Inn & Suites
400 Paroquet Springs Dr.
Shepherdsville, KY 40165

Phone: 502-543-8400
Web: www.countryinns.com

A block of rooms has been reserved for the conference **until Friday August 31, 2012**. Special KLIC rates:

Standard Room	1-2 adults	\$77 + tax
Suite	1-2 adults	\$97 + tax

Bring some cash or your check book for wonderful items from our vendors and the bookstore!

Scholarships

A limited number of scholarships are available for current KLIC members who would otherwise not be able to attend the annual conference. Applicants must also be currently working with breastfeeding dyads, and may not have received the scholarship in the past 3 years. All complete applications will be reviewed by the KLIC Executive Board, and the recipient will be notified by July 27.

Deadline to receive applications: July 6, 2011

Further information and the application form can be found on the Conference Page of the KLIC website, www.klicbreastfeeding.org.

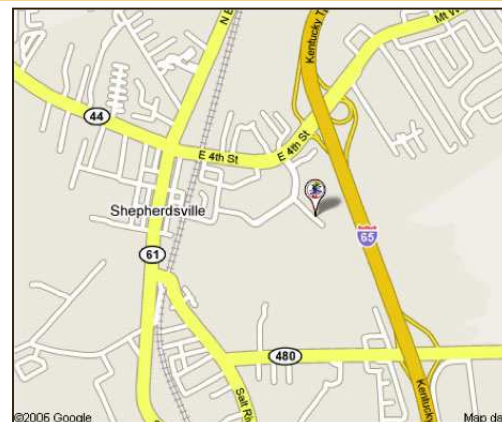
Babies in Arms Welcome! A pumping area will also be available.



Location and Directions

Paroquet Springs Conference Centre

395 Paroquet Springs Dr.
Shepherdsville, KY 40165
502-955-7009



From Cincinnati:

Take I-71 south to Gene Snyder Freeway (I-265),
Take (I-265) south
Take I-265 to I-65 south
Take Exit 117 at Shepherdsville, turn right.
Left lane, turn left at the light, PSCC is behind Sleep Inn & Suites

From Louisville:

Take I-65 south toward Nashville, go approximately 15 miles
Take Exit 117 at Shepherdsville, turn right.
Left lane, turn left at the light, PSCC is behind Sleep Inn & Suites

From Frankfort:

Take I-64 west toward Louisville
Take Gene Snyder Freeway (I-265) south.
Take I-265 to I-65 south
Take Exit 117 at Shepherdsville, turn right.
Left lane, turn left at the light, PSCC is behind Sleep Inn & Suites

From Bowling Green:

Take I-65 north to Exit 117 Shepherdsville
Turn left, stay in the left lane
Turn left at the second stop light at McDonalds
PSCC is behind Sleep Inn & Suites

Registration Form

Name / Credentials:

Address:

City /State/ Zip:

Phone Work: _____

Phone Home: _____

Email address: _____

PLEASE PRINT CLEARLY

You will receive an e-mail confirmation of your registration.

Space Is Limited to the First 150 Registrations

PLEASE CIRCLE APPLICABLE FEES:

\$ 125 Non KLIC Member

\$ 85 KLIC Member

Registration Deadline: August 31, 2012.
No late registrations will be accepted.

NOTE: Lunch is included in registration fee

Lunch choice (circle one):

Standard

Vegetarian

Enclose Check Payable To:
KLIC

mail to KLIC Conference
c/o Ashley Benz
11512 Robert Rd.
Louisville, KY 40223

You may also register on-line at <http://www.klicbreastfeeding.org/ConferenceRegistration>