Exclusive Breastfeeding Among Hispanic Women

with

Ana Maria Linares DNS, RN, IBCLC
University of Kentucky College of Nursing

August 5, 2014

6:00 – 6:30 pm Networking and Dinner sponsored by KLIC
6:30 – 7 pm KLIC Meeting
7 - 8 pm CE Presentation

At

Babyology
3934 Dutchman’s Lane, Louisville, KY
Across from Norton Suburban Hospital

Dinner provided by KLIC. RSVP for Dinner by August 1 to Martha Wingate, KLIC Treasurer, at martha@wingate.us.

Upon completion of this offering, the participants should be able to:

- Identify the prevalence of breastfeeding and exclusive breastfeeding in Hispanic women in Kentucky.
- Describe factors (acceptability of pregnancy, intention to breastfeed, type of delivery) associated with exclusive breastfeeding in Hispanic women.
- Develop recommendations to enhance exclusive breastfeeding in Hispanic women.

Ana Maria Linares is an Assistant Professor and researcher in the College of Nursing at the University of Kentucky and has played an important role in breastfeeding advocacy, both at the university level and statewide. She has advocated for policy and instructional changes at UK to increase breastfeeding education and support for her nursing students. Her research work has focused on increasing exclusive breastfeeding in Hispanic women and she has promoted breastfeeding in the Hispanic population in KY by writing articles in the Lexington Spanish newspaper. Her interest in breastfeeding research and support has recently expanded to support in the workplace and childcare centers.

CEUs and CERPs will be provided upon program completion. Free to KLIC members, $10.00 to all others requesting CEUs/CERPs. Pre-registration is requested but not required for KLIC programs. Contact Peggy Rinehart at rinehart.peggy@gmail.com or (502) 487-0636 with questions about the program, location or weather/cancellation questions. In the case of severe weather, KLIC reserves the right to postpone and/or cancel the presentation.

This presentation is approved by the Kentucky Board of Nursing (KBN) for 1.2 “Contact Hours” (50 minutes/contact hour), provider # 5-0033, Expiration Date: 12-31-18. 1 L-CERP (60 minutes/CERP) have been requested from IBLCE.